

Walk 4 July 22

Direction: North to South

Washington Street

Foxboro to North Attleboro



We walked away from Patriot's Place in Foxboro just after 11am onto Route 1 to head southbound for well over a mile.

The weather had turned humid. But we had a breeze. Chief Navigator Dwyer led the way into F. Ellis Forest Park. That put us under shady trees for the next mile or two. With no bugs.

What looked like angry clouds were actually benign. We had an umbrella but never needed it. A few raindrops went as quickly as they came.

Dealing with the noise of Route 1 (the old post road) we walked near the Lafayette House where local folklore says Marquis de'Lafayette stayed.

Whatever the blue line is meant to represent, it can serve as a trace line to show where colonial troops (many clad in blue) marched in 1776.



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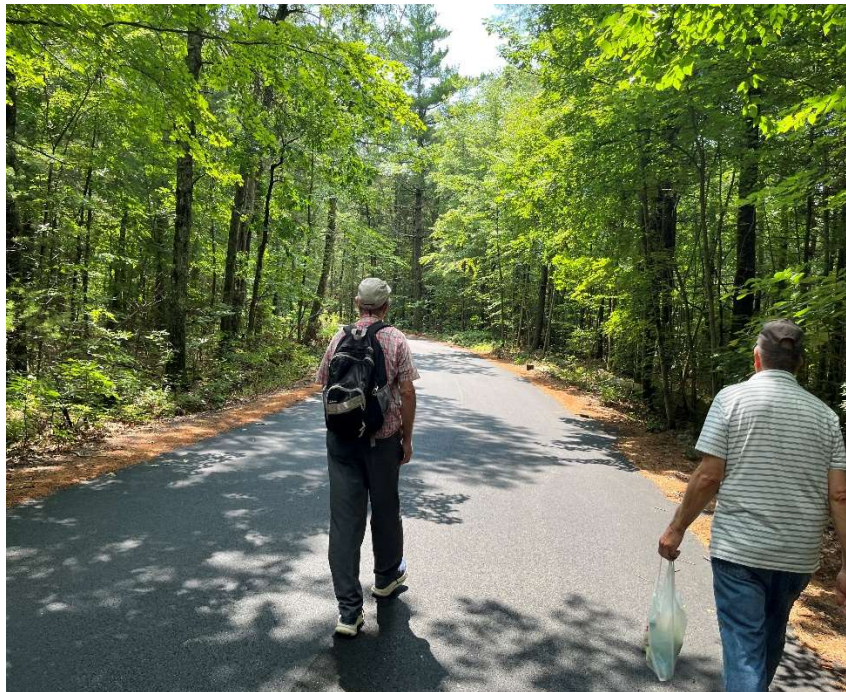
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The clouds began to break. Chief Navigator PJ Dwyer chose a path that took us off Route 1 into a woodland area like that seen by our army two-hundred fifty years ago.

The Foxboro High Rock Trail Loop has a total run of nearly three and a half miles of which we traveled this day less than half that distance.



High Rock Trail, locally maintained, served as a peaceful transition from the hectic Route 1 we had just left behind.

But as usual, we failed to come across any wildlife.

Evidently, wildlife avoids these parts after learning from a venture too close to Route 1: too busy, too noisy, no prey.

Along with them, we got the message.

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Across the countryside, our path followed West Street in Foxboro past Normandy Farms Camping Site for a few miles alternating between residential areas and conservation land.

Photo at left: we arrived at the West Street / Spruce Street fork in the road.

And to adapt from Robert Frost we decided to take it.

Chief Engineer DiGiovanni cuts right with no hesitation onto Spruce Street.

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At this point, we had developed an interest in some form of nutrition while not knowing what options lay ahead.



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Spruce Street turned into Mirimichi Street which took us between two major portions of a lake named Lake Mirimichi.

As it appeared to us, the lake expanded long and wide on both sides, plenty of room for water recreation. At the same time, it seemed well designed to limit use to local residents.

Nearing the end of Mirimichi Street, we caught a view of one of the many inlets along the lake on the right.

House lots, in relatively sparse numbers along here, beautifully mixed a quiet suburban life with a serene country feeling.



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Colonial troops, at first a raucous throng of town and farm boys and city men, went south from Boston.

Now on a flat plain, facing more obstacles than before, troops plowed ahead over rocks and ravines looking for the sturdiest path, hard work.

In front of the Bliss Memorial Chapel (at left), the Chief Navigator checks coordinates in Foxboro.

Continuing south, we turned onto Messenger Street in Plainville (lower left) and headed up the long Sunrise Hill (lower right) that took us into North Attleboro.



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Pause on Messenger Street



Chief Engineer good w/results



Navigator at Woodcock Square



Final miles for the day took us to Woodcock Square, North Attleboro.

A platform is dedicated to the town's prominent Woodcock family which traces back to pre-revolutionary times.

Son of the colony's founder, John Woodcock played a key role as a British Militia Colonial fighting for Massachusetts in King Philips War, 17<sup>th</sup> century fighting with France.

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It was nearly 5pm with rush hour traffic ramping up. Walk tally for the day: 11.4 miles from Foxboro Stadium to the North Attleboro Town Hall. Finally, we imagined the order: "walkers at ease".